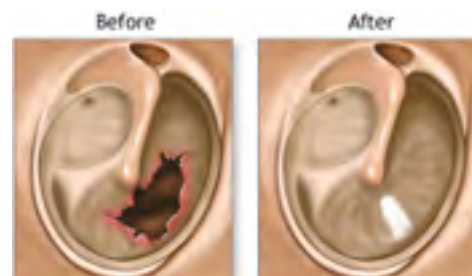




Myringoplasty Adult Frequently Asked Questions

WHAT IS A MYRINGOPLASTY?

A myringoplasty is a procedure performed to help a perforation (hole) in the eardrum heal. This surgery is usually performed at the same time an ear tube is physically removed from the eardrum. A myringoplasty can also be performed in the event of a non-healing, or poorly healing, perforation.



HOW DO YOU PERFORM A MYRINGOPLASTY?

During a myringoplasty, a cellulose (paper) patch is placed over the eardrum, effectively covering the perforation. This patch will encourage the tissue surrounding the hole to heal together.

IS THE PATCH PERMANENT?

No. As the tissue surrounding the perforation heals, the patch will slough off of the eardrum and eventually be extruded with your normal ear wax.

WILL THE PATCH PERMANENTLY HEAL MY EARDRUM?

Usually, I am able to close a patient's eardrum perforation with just one myringoplasty. However, due to the patient's anatomy and past surgical history, numerous surgeries may need to be performed.

HOW LONG DOES THE SURGERY TAKE?

The procedure is done in the office and usually takes five to ten minutes.

DO I NEED A DRIVER ON THE DAY OF THE PROCEDURE?

No, you will be able to drive yourself to the clinic and back home (or to any other activities).

DOES THE PROCEDURE HURT?

I will apply an anesthetic to your eardrum, which will numb the area. This anesthetic will cause mild discomfort when applied, however, any pain will generally lessen within seconds.

WHAT CAN I EXPECT AFTER A MYRINGOPLASTY?

You will be prescribed ear drops to use after surgery. **You will, however, need to wait SEVEN DAYS before starting the ear drops.**

A myringoplasty is generally painless; however, some minor ear or throat pain is not unusual on the day of surgery. This is easily remedied with over the counter Tylenol or Motrin.

WHAT DO I NEED TO AVOID AFTER A MYRINGOPLASTY?

You can immediately participate in all normal activities (including driving) after your procedure.

You will need to **avoid the use of earplugs, over-the-ear headphones** or any device that can increase the amount of suction in your ear canal for **SIX WEEKS**.

You will also need to **refrain from submerging your head in water** (ex. laying down in the bathtub, swimming, etc.) for **SIX WEEKS** after surgery. Allowing water to run into your ears during a shower is, however, not a problem.

WHEN DO I NEED TO FOLLOW UP AFTER A MYRINGOPLASTY?

A check-up with your child's ENT provider will need to be scheduled for ONE TO TWO WEEKS after their surgery. Your child will also be scheduled for a hearing test SIX TO EIGHT WEEKS after their surgery.

Contact my office or go to the emergency room if you have:

- Heavy bleeding from the ears
- Fever over 101°F
- Severe ear pain
- Excessive or foul-smelling drainage from the ears

As a Christian, I strongly believe in prayer and pray for all of my patients, especially during surgery. If you would like me to pray with you and your family before any surgical procedure, please ask.

DO NOT hesitate to contact our office for any emergency at 580-421-6470. If a problem should arise when the office is closed, you may have us paged through the Mercy Hospital, ADA Operator at 580-332-2323; or go directly to the nearest Emergency Room.

More information can be found at www.LandrumENT.com.